

# Fooling the brain by mirroring the hand: Brain correlates of the perceptual capture of limb ownership

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## Abstract.

**Background:** Mirror therapy (MT) is an increasingly employed method aimed at reducing phantom pain and other negative sensations following loss of a limb or damage to sensorimotor systems. However, the brain processes associated with the perception of limb ownership, a key correlate of MT, are unknown.

**Objective:** To examine whether transient perceptions of limb ownership together with associated neural activity can be elucidated using a purpose-developed mirror reflection task combined with electrophysiological (EEG) measures and cutting-edge analyses.

**Methods:** Brain activity was measured online using EEG in 20 healthy controls while they produced opening-closing movements of one hand in control conditions or while viewing the mirror reflection of the movements. The key experimental condition required participants to make a foot pedal response whenever a change in perception of ownership (of a mirror-reflected limb) occurred (Mirror condition). Control conditions and a strict epoching regime were employed using standard subtractive logic to isolate the perception of limb ownership (which was further verified by self-reports).

**Results:** Data from 15 participants were suitable for complete analysis; the remaining reported no experience of ownership. Significant spectral power increases were found in central-parietal regions in association with perceptions of ownership, with the most prominent effect specific to the alpha frequency band (8–13 Hz) measured at the right parietal area. Source localization analyses further identified brain networks associated with the mirror reflection condition in the alpha frequency (parietal lobe) and the beta frequency (middle temporal areas). These were distinct from localized networks associated with the foot pedal response.

**Conclusion:** Transient perceptions of ownership can be captured experimentally, and are associated with localized sites of neural activation. This is an initial step toward eventual development of therapeutic targets for interventions including brain computer interfaces (BCIs) aimed at ameliorating the negative effects associated with impaired or missing limbs.

Keywords: Neurorehabilitation, amputation, phantom limb, mirror, perception of ownership, bimanual

## 1. Introduction

Forms of mirror therapy (MT) are becoming increasingly common in medical and non-medical settings due to their simplicity of access (Chan et al., 2007; Flor, 2008; Ramachandran & Altschuler,

2009); however, quite a lot remains unknown about the efficacy of MT and the mechanisms underlying its reported effects. In a typical application, a patient experiencing pain or other unwanted sensations of one limb or a phantom limb moves his or her intact limb while viewing a mirror reflection of that movement. In control participants the result is an illusion that both hands are moving (Franz & Packman, 2004). It is unknown whether and how this illusion might be capitalized upon to result in a change in the

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44 experience of unwanted sensations, for example,  
45 forms of pain in those with phantom limb expe-  
46 riences. However, evidence is accumulating that a  
47 significant factor underlying MT is perceptual.

48 One account of the effects of MT is that the visual  
49 illusion of a moving intact limb compensates for a  
50 mismatch between motor intention and sensory visual  
51 and proprioceptive feedback of an impaired or miss-  
52 ing limb (Harris, 1999; McCabe, Haigh, Halligan, &  
53 Blake, 2005; Ramachandran & Altschuler, 2009). A  
54 related possibility is that the brain is actually ‘fooled’  
55 during the mirror illusion, which opens a therapeutic  
56 window during which perceptions can be manipu-  
57 lated and hopefully altered (Franz & Packman, 2004).  
58 Both views depend to some extent on people having  
59 a suspension of belief, at least momentarily—i.e.  
60 ‘I know that isn’t my actual other hand (in the mirror),  
61 but I can momentarily suspend that disbelief’; they  
62 also seem to depend on a perception of ownership  
63 (that the mirror-reflected limb is physically present  
64 at its visually-apparent location). Attention might  
65 also provide heightened awareness as a result of the  
66 visual realism of the virtual limb (Brodie, Whyte,  
67 & Waller, 2003; Franz & Packman, 2004), perhaps  
68 even through forms of covert awareness (Franz,  
69 2004). Any effect also might be sensitive to whether  
70 a perceived limb appears as an actual limb, as  
71 compared to an artificial/prosthetic one (Holmes,  
72 Snijders & Spence, 2006).

73 The perception that a virtual limb (seen in the  
74 mirror) is a person’s *other* limb (ownership), is  
75 typically reported verbally and retroactively; that is,  
76 only after the experience which often lasts many  
77 seconds or even minutes. In fact, self-reported own-  
78 ership has become a key indicator of success in  
79 mirror manipulations aimed to reduce negative sen-  
80 sations and perceptions (Chan, et al., 2007; Franz  
81 & Packman, 2004; Lotze et al., 1999; MacIver,  
82 Lloyd, Kelly, Roberts, & Nurmikko, 2008; McCabe,  
83 2011; Ramachandran, Rogersramachandran, & Cobb,  
84 1995). However, the perceptual capture of ownership  
85 has eluded investigations to date. There presently is  
86 no demonstration of a precise temporal correlation  
87 of perceptions of ownership and the associated brain  
88 changes; this forms the primary aim of the present  
89 study.

90 Studies on brain processes using functional mag-  
91 netic resonance imaging (fMRI) have demonstrated  
92 neural activity in the superior temporal and superior  
93 occipital gyri (Hamzei et al., 2012) in association  
94 with MT in healthy subjects and using self-report  
95 measures. Also using fMRI, MacIver et al. (2008)

96 found a significant reduction in intensity and unpleas-  
97 antness of pain scores in association with reduced  
98 cortical reorganization in the (contralateral) primary  
99 motor (M1) upper limb region, the ipsilateral M1  
100 and primary sensory (S1) upper limb regions, and  
101 the anterior cingulate cortex (ACC) bilaterally. While  
102 those studies are extremely important in pointing to  
103 where in the brain to look for task-related neural activ-  
104 ity, fMRI is limited in temporal resolution, thereby  
105 posing problems in attempting to elucidate precise  
106 temporal correlations between behavioural changes  
107 or perceptions and their associated neural effects.

108 Electroencephalography (EEG), a non-invasive  
109 technique of measuring brain activity from the scalp  
110 with high temporal resolution, makes possible a tem-  
111 porally precise method of elucidating brain changes  
112 at or around the time a subjective perception or  
113 experience of ownership occurs. Event related desyn-  
114 chronization (ERD) in the beta frequency is proposed  
115 to be associated with motor preparation, execu-  
116 tion and imagery (Pfurtscheller & Aranibar, 1979),  
117 whereas event related synchronization (ERS) is pro-  
118 posed to correspond to an inactive state or inhibition  
119 of the responsible neuronal populations (Neuper,  
120 Wörtz, & Pfurtscheller, 2006). Indeed, some research  
121 has suggested that the alpha frequency might serve a  
122 similar function as the beta frequency (Leske et al.,  
123 2014). It also has been proposed that beta rhythms are  
124 related to kinesthetic illusions (Keinrath, Wriessneg-  
125 ger, Muller-Putz, & Pfurtscheller, 2006), and there is  
126 a likely role of alpha rhythms in illusory sensation  
127 (Muller et al., 2013; Stroganova et al., 2009; van Erp,  
128 Philippi, de Winkel, & Werkhoven, 2014).

129 Given that the most frequently used experimental  
130 approach in association with MT involves query-  
131 ing participants to obtain their subjective perceptions  
132 after a (often prolonged) trial of mirror interven-  
133 tion, it has not been possible to time-tag the actual  
134 perceptual event of ownership. The present study  
135 aimed to circumvent this problem and begin to  
136 bridge the gap between perception and brain pro-  
137 cesses by testing whether perceptions of ownership  
138 can be captured experimentally. It was hypothesized  
139 that effects in the alpha and beta frequencies are  
140 identifiable in brain areas likely to be involved in  
141 the perception of ownership. Accordingly, the target  
142 regions of this study were primarily frontal-central  
143 and parietal which would be correlated with changes  
144 in reported perceptions. The hope was to provide a  
145 crucial step to target therapeutic windows for poten-  
146 tial interventions that might be developed in future  
147 studies with the aim of ameliorating the experience

of pain in patients with sensorimotor damage of the limbs.

## 2. Methods

### 2.1. Participants

Twenty undergraduate students of the University of Otago, ranging in age from 18 to 21 years (mean age 20.0) participated; only 15 were included in the data analyses because 5 did not report effects of the mirror manipulation on any trial. Of the included sample, 14 were right handed and 1 was left handed. All had normal or corrected to normal vision, were naive to the task and purpose of the study, and gave their written informed consent before participating. Procedures were approved by the University of Otago Ethics Committee.

### 2.2. Materials

#### 2.2.1. Mirror setup

The mirror box consists of a small rectangular wooden box with a mirror (30 cm by 30 cm) placed vertically in the middle so that it is perpendicular to the sagittal plane extending from the midline of a participant's body (Fig. 1). Participants inserted one hand on each side of the mirror which reflects one hand while the other hand is placed behind the mirror out of view (Franz & Packman, 2004).

A 20 cm × 15 cm foot pedal was used to register participants' responses to mirror sensations which

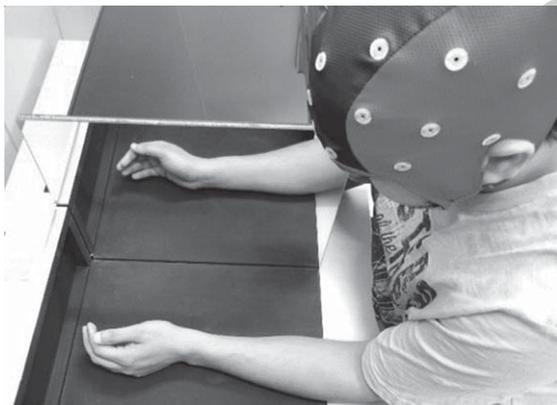


Fig. 1. Picture of the mirror box setup reflecting the left hand, with a participant wearing the EEG cap. Underneath the table is the foot pedal (not shown) on which a brief foot response is used to indicate changes in perception of the 'virtual limb' (that which is seen in the mirror).

they later described verbally when cued at the end of the trial. A signal is sent from the pedal apparatus to the EEG computer as an event marker in the EEG data file to indicate the time of perceived perceptual change, using an Arduino chipset.

#### 2.2.2. EEG

Given that our related studies revealed no sign of EMG activity in the hidden hand of any participant (Debnath & Franz, 2016), we used EEG alone (without EMG) in the present study to avoid the risk of inadvertently drawing attention to the hidden/resting hand which might complicate interpretations. Continuous EEG data were recorded using a 32-channel ANT machine (ANT B.V., Enschede, The Netherlands), Advanced Neuro Technology amplifier, and ASA (version 4.7) software on a Dell Intel computer.

EEG electrodes were mounted on an Ag/AgCl sintered ANT WaveGuard cap with electrodes placed according to the international 10–20 montage system (Klem, Lüders, Jasper, & Elger, 1999). The data were sampled at 1024 Hz. The ground electrode was located on the scalp at a fixed position of the cap. The mathematical average of both mastoid electrodes was used as a reference. Electrode impedances were kept below 5K $\Omega$ . Data were re-sampled offline at 512 Hz and digitally filtered (FIR) with band-pass from 0.1 Hz–40 Hz. Independent component analysis (ICA) was conducted on filtered EEG data, which decomposed the EEG data in a set of sources with maximally independent time courses (Jung et al., 2000). Ocular artifacts (eye movements) were corrected using a completely automatic algorithm (ADJUST) (Mognon, Jovicich, Bruzzone, & Buiatti, 2011); this method identifies artifactual independent components by combining stereotyped artifact-specific spatial and temporal features to capture blinks, eye movements, and generic discontinuities on a feature selection dataset. Remaining artifacts were rejected using the criterion of absolute voltage value 100  $\mu$ V. Spectral EEG activity was assessed by short-time Fourier transform in EEGLAB (Delorme & Makeig, 2004), creating event related spectral perturbations (ERSP); this provides a two-dimensional (latency by frequency) representation of mean change in spectral power (in dB) relative to baseline. The spectral power was converted to log power ( $10 \cdot \log_{10}$  of the signal), and averaged across all trials for each time bin: pre-pedal press stage (–4.0 s to –3.0 s, –3.0 to –2.0 s with respect to time 0.0, the pedal press) which is aimed to capture the start of the perceptual experience, and post-pedal press stage

(0.0 to 1.0 s, 1.0 to 2.0 s, following the pedal press), which is thought to be after the perceptual experience (conservatively measured). We leave out the time just prior to the pedal press time-stamp (-1.0 s to 0.0) which reflects when the motor processes associated with that response actually occur (as elucidated during pilot tests). Thus, all measures are in reference to the foot pedal press at time 0.

As a methodological consideration in understanding the EEG analyses, it is important to note that both the PRE (before the foot pedal press) and POST (after the foot pedal press) intervals consisted of the same repetitive open-closing movements of the (active) left hand for our key Mirror manipulation. Thus, by subtracting PRE from POST phases the logic is: what is left over does *not* reflect brain activity related to movements of the active hand (given that those movements are equated in the two phases, an effect confirmed with further analysis). The Randpress condition involved identical characteristics during PRE and POST, except that a foot response occurred to separate those phases. Thus, subtracting POST-PRE theoretically isolates any brain activity related to the foot pedal response. The double subtraction (A-B: see Table 1) then isolates what we refer to as *perceptual capture* of any changes between PRE and POST associated with perceptions of the hidden hand (the hand located in the virtual position of the mirror reflection) after removing effects of the foot pedal press. For

EEG analysis, as an extra precaution to avoid activity potentially related to processes associated with the foot pedal response, our earliest PRE interval was -4.0 s (or 4 seconds prior to the foot pedal response) which is before activation of the foot pedal response would be expected to occur (calculated on the basis of pilot studies); the aim being to capture the time the perception begins to occur.

The EEG channels of interest were predetermined from previous research as being representative of activity overlying, respectively the frontal (F3, Fz, F4), central (C3, Cz, C4), and parietal (P3, Pz, P4) lobes (Fu & Franz, 2014). Event related spectral perturbations (ERSP) at each channel were analyzed using 4×5 repeated-measures ANOVAs with time interval (-4.0 s to -3.0 s, -3.0 to -2.0 s, 0 to 1.0 s, 1 to 2.0 s) and frequency bin (delta: 1–4 Hz, theta: 5–7 Hz, alpha: 8–13 Hz, beta: 14–30 Hz, gamma: 31–40 Hz) as within subjects factors. These were followed up with *t*-tests where appropriate.

Sources of EEG spectral activity were further investigated using eLORETA (Exact Low Resolution Electromagnetic Tomography) (Pascual-Marqui et al., 2011). The eLORETA method is a discrete, three-dimensionally distributed, linear, weighted minimum norm inverse solution that assembles scalp EEG into a three-dimensional matrix of cortical generators consisting of 6239 5 mm<sup>3</sup> voxels in a MNI152 template (Mazziotta et al., 2001). The output of

Table 1

Descriptions of the key experimental conditions on which simple and double subtractions were applied to isolate (capture) the perception of ownership

	PRE( <i>press</i> )	POST( <i>press</i> )	POST minus PRE
<i>Mirror condition</i>	-left hand moving	-left hand moving	<b>Change in perception+possible effects related to the foot pedal response: (A)</b>
	-normal perception	-changed perception	
	-mirror view	-mirror view	
<i>RandPress condition</i>	-no hand movement	-no hand movement	<b>Isolating just the effects of the foot pedal response common to PRE and POST: (B)</b>
	-normal perception	-normal perception	
	-mirror covered*	-mirror covered*	
<i>Mirror- RandPress</i>			<b>Perception of a change (in limb ownership) as later verified by self-report (double subtraction: A – B) Theoretically, this removes effects related to the foot pedal response, isolating effects of interest.</b>

Note. **Bold** denotes attributes that are theoretically isolated using experimental subtractions. PRE refers to the task performed prior to a foot-pedal response. POST refers to the task performed in intervals following a foot-pedal response. PRE and POST use the same movement task, which is a required hand movement of the left hand (see text); PRE and POST intervals are theoretically identical (therefore, POST minus PRE theoretically removes effects associated with the movement). The double subtraction aims to isolate brain activity associated with the perceptions induced by means of the mirror. \*The RandPress condition was conducted with the mirror box covered and in a separate experiment with the mirror visible (with no hand movement). We noted that the latter experiment might induce visual distractions (and data were noisier); thus, the covered mirror was used in the present experiment. Note further that the control task, Covered mirror condition (reported in Methods), yielded no meaningful effects nor any reported perceptual changes or foot pedal responses, thus yielding no result after the POST minus PRE subtraction. That condition was therefore eliminated from further analysis.

284 an eLORETA localisation contains a voxel image  
285 for each requested frequency band. Localisation by  
286 eLORETA is theoretically exact (even in the presence  
287 of structured biological noise), albeit with low spatial  
288 resolution (Pascual-Marqui, et al., 2011; Pascualmar-  
289 qui, Michel, & Lehmann, 1994). Source localisation  
290 was performed using the LORETA software package  
291 (version 20141117, freely available from the KEY  
292 Institute’s website).

293 Functional independent components analysis  
294 (fICA) was conducted on the eLORETA localisation  
295 images following the method of Aoki and colleagues  
296 (Aoki et al., 2015); technical details can be found in  
297 Pascual-Marqui, et al. (2011). Briefly, a mean local-  
298 isation image is first calculated for each frequency  
299 band for each participant on data from each condition.  
300 Next the data from each participant and condition  
301 are concatenated, and fICA is performed in order to  
302 find maximally spatially independent spectral compo-  
303 nents. Each resulting component indicates regions  
304 and frequencies that tend to be active together with  
305 a voxel image for each specified frequency (Aoki,  
306 et al., 2015).

307 *Questionnaire.* Adapted from (Botvinick & Cohen,  
308 1998; Holmes, Snijders, & Spence, 2006) an illusion  
309 questionnaire using a 7-point scale for each item rang-  
310 ing from strongly agree (7) to strongly disagree (1)  
311 with questions pertaining to strength of the induced  
312 perceptions (as a method of verifying overall impres-  
313 sions of those perceptions) was employed. Example  
314 questions include: “I felt as if the hand in the mirror  
315 were my hand”; “It seemed as if I might have more  
316 than one left or right hand”; “The hand in the mirror  
317 began to resemble my own (real) hand, in terms of  
318 shape, skin tone, freckles or some other visual fea-  
319 ture”. All participants were asked to complete this  
320 questionnaire after all experimental trials were col-  
321 lected. The abbreviated handedness questionnaire of  
322 Oldfield (1971) was also administered.

### 323 2.3. Design and procedures

324 Participants performed three conditions: Random  
325 press (a control for foot pedal responses: RandPress),  
326 Covered mirror, and Mirror (our critical experimen-  
327 tal condition). The Covered mirror condition was  
328 included only as an extra precautionary measure  
329 aimed to assist us in identifying whether factors such  
330 as attentional effects, possible subjective biases or  
331 expectations, or other confounding effects might be  
332 influencing any potential findings of interest. The  
333 theoretical visual, motor, and perceptual processes

334 in pre-response (PRE) and post-response (POST)  
335 stages are illustrated in Table 1 for each experimen-  
336 tal condition. The subtraction logic is listed in the  
337 last column, with the implicated (changed) process  
338 highlighted.

339 During Mirror and Covered mirror conditions, par-  
340 ticipants were instructed to move the left hand by  
341 opening and closing it at an approximate pace of 2 Hz  
342 (practiced thoroughly beforehand) without touching  
343 the table (with the four fingers touching the thumb  
344 and then opening); the resting/inactive hand was cov-  
345 ered and shielded from view. This task has been used  
346 in our previous work which is related to the present  
347 study (Debnath & Franz, 2016). Participants each  
348 practiced this paced task for a few minutes prior to any  
349 experimental testing, and all found it easy to perform  
350 without requiring substantial attention demands (and  
351 there was no pace signal during the actual experimen-  
352 tal trials). Importantly, this movement was constant  
353 for PRE- and POST- phases of the trials rendering its  
354 properties to be removed with the subtraction method.  
355 In the random foot pedal condition each participant  
356 was instructed: ‘On the following trials, please rest  
357 your hands on the table, and sometime during the trial  
358 which will last approximately a half minute, please  
359 press the foot pedal once using the foot that is most  
360 comfortable’. The participant then placed his/her foot  
361 on the foot pedal (all chose the right foot), and prac-  
362 ticed this task for a few trials following which the  
363 RandPress condition was collected. After all random  
364 foot pedal trials were complete, participants were  
365 further instructed: “On the following trials, please  
366 press the foot pedal when noticing any changes in  
367 sensation or perception including ownership of the  
368 reflected limb or any other sensation changes, and do  
369 this while continuing to perform the opening-closing  
370 hand movements of [this] hand” (where the experi-  
371 menter pointed to the participant’s left hand: see Fig. 1  
372 caption for additional details). At this time, ‘own-  
373 ership’ was defined as ‘the limb in the mirror feels  
374 like your actual limb’, and participants were queried  
375 further to be sure they understood what was being  
376 asked of them. The Covered mirror condition differed  
377 from the Mirror condition (which were randomized  
378 for order) in that the mirror was covered with black  
379 cloth in the former. Participants were instructed in  
380 both of those conditions to focus their eyes on pre-  
381 cisely the mirror-image location of where the hand  
382 would appear (although we avoided using those terms  
383 and just pointed to the location). Thus, without use  
384 of the mirror, participants were focusing attention on  
385 a location where no image of the hand was present;

with use of the mirror, participants focused attention on the same location but this time occupied by the mirror image of the moving hand.

As described above, sessions always began with the RandPress condition so that participants would not have any prior knowledge of the upcoming manipulations. The order of Mirror and Covered mirror conditions was counterbalanced across participants. Each consisted of 12 consecutive trials lasting 32 seconds per trial. A short break was given between trials to query participants about their sensations and perceptions on that trial (all comments were carefully logged and audio-recorded at the time by an experimenter). A trial was deemed invalid when the participant had any trouble with the pedal, and the trial was then repeated (this occurred on approximately 2% of trials across all participants combined).

### 3. Results

#### 3.1. Behavioural and qualitative

For each of the 15 included participants, there were equal numbers of valid RandPress control trials, and findings were analyzed within-subject and then averaged across all of them. We first examined the Covered mirror condition and confirmed that there were no observable effects of interest. Specifically, there were no pedal presses by any participants. Two experimenters' independent assessments confirmed that there was no observable movement in the hidden hand of any participant. After thorough analysis of the Covered mirror condition without evidence of any type of effect to report, we omit that condition from further discussion.

Our post-experimental questionnaire revealed that 75% of participants reported they convincingly experienced changes in perception as a result of the mirror. The remaining 25% reported either not knowing (8%) or disagreeing that the mirror played any role on their perceptions (17%).

To further examine effects due to our critical Mirror condition, we first separated mirror trials for which at least one foot press occurred, from those without any foot presses (the latter of which indicated to us a lack of reported perceptual change by the participant). In total, there were 151 trials (each 32.0 seconds in duration, to total 4832.0 seconds of data for brain activity analyses) in which one foot pedal press occurred on each, accounting for 84% of the total Mirror trials. Those are referred to herein as

'valid' trials. In response to our post-trial question, 'What did you feel that made you press the foot pedal?' all participants subjectively reported some form of the following: "the hidden hand felt like it was moving", "my right hand moved like the other hand", or "I felt like my real hand moved" (pointing to or lifting the hidden hand). We further queried participants to confirm it was the hidden hand they were referring to. Participants' remarks (in addition to further post-experimental questionnaires) confirmed that our general method was valid for the intended purposes and that participants had some experience of 'ownership' as defined above. When further asked approximately how long the perceptual or sensation effect lasted, those participants who supplied an answer reported estimations between 2 and 6 seconds (and we did not get any responses indicating that the effect occurred for a longer time; thus, it was transient). In some participants this change occurred more than once during a trial (and we assessed this by repeated foot pedal presses but did not include those in the reported analyses because those trials cannot be equated in number with the single foot pedal press of the RandPress control trials). Three participants replied that they did not know how long they felt the perception.

#### 3.2. EEG findings

We averaged the EEG data for each participant to enable more specific statistical treatment after including the left hander who did not show any obvious differences from the right handers. The average spectral power of all trials in the RandPress control condition was then subtracted from the average spectral power of all valid trials in the Mirror condition for each time bin and frequency bin.

The main effects of frequency were shown to be significant only at the Fz site [ $F(4,56)=3.01$ ,  $p=0.026$ ]. Further pairwise comparisons after Bonferroni corrections indicated that spectral power at the theta (4–7 Hz) frequency band was significantly lower than the spectral power at the beta (14–30 Hz) frequency band ( $p=0.033$ ). Thus, the main effects of frequency were not particularly informative (nor did we have specific hypotheses for frequency bands other than alpha and beta).

Of interest in terms of our hypotheses, a main effect of time interval was found at the C4 site [ $F(3,42)=3.45$ ,  $p=0.025$ ] and all parietal channels: P3 [ $F(3,42)=5.22$ ,  $p=0.004$ ], Pz [ $F(3,42)=3.48$ ,  $p=0.024$ ], and P4 [ $F(3,42)=3.91$ ,  $p=0.015$ ]. Further pairwise comparisons (after Bonferroni corrections)

485 using the early pre-response (PRE) interval (-4.0 s  
 486 to -3.0 s) compared to early post-response (POST)  
 487 interval (0 to 1.0 s) indicated a highly significant  
 488 spectral power increase at the right parietal site (P4,  
 489  $p=0.005$ ). This significant effect is also shown at  
 490 the left parietal site (P3,  $p=0.027$ ), and the vertex  
 491 parietal site (Pz,  $p=0.049$ ). Pairwise comparisons  
 492 using a slightly later PRE interval (-3.0 s to -2.0 s)  
 493 compared with early POST (0 to 1.0 s) indicated a  
 494 significant spectral power increase at the left (P3,  
 495  $p=0.044$ ) and right (P4,  $p=0.016$ ) parietal sites.

496 Comparisons using late POST (1.0 s to 2.0 s) did not  
 497 show any significant effects ( $p>0.05$ ), suggesting  
 498 that the majority of perceptual effects did not persist  
 499 for longer than about 4.0 s.

500 A significant interaction of time interval X fre-  
 501 quency was found only at the right parietal site (P4),  
 502  $[F(12,168)=2.48, p=0.035]$  with simple effects iso-  
 503 lating the alpha frequency band  $[F(3,42)=5.47,$   
 504  $p=0.003]$ . Further pairwise comparisons (after  
 505 Bonferroni corrections) at the P4 site indicated a  
 506 highly significant power change when comparing

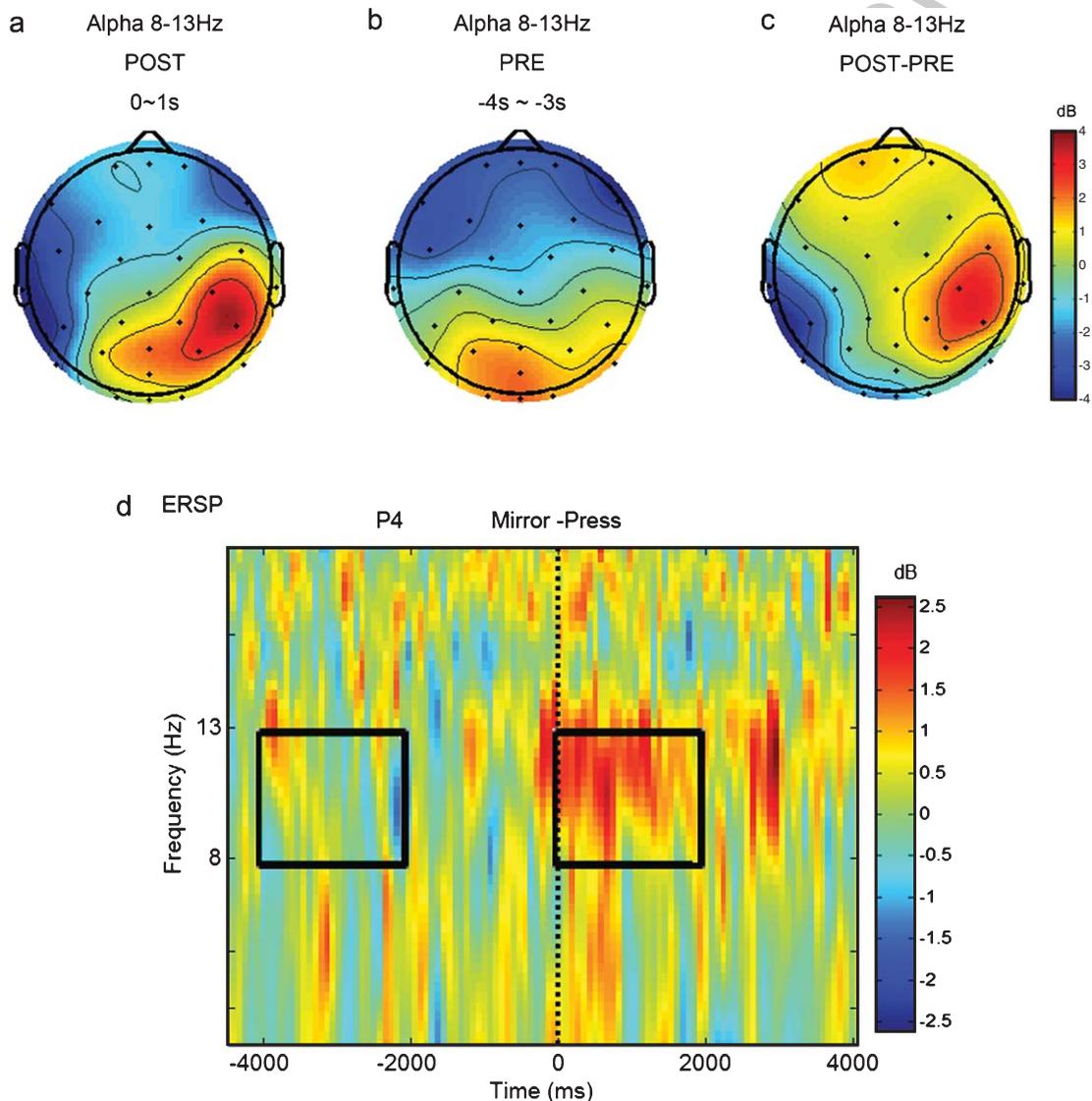


Fig. 2. Alpha frequency effects after subtracting the Random Press condition from the Mirror condition, with whole brain alpha activity shown for the (a) POST interval (0 to 1.0 s), (b) PRE interval (-4.0 s to -3.0 s), and (c) subtraction of POST minus PRE, with color scale shown on the right. (d) Difference between Mirror and Random Press conditions for Event Related Spectral Perturbations (ERSP) at the P4 channel (right parietal site), with alpha frequency (8–13 Hz) marked in boxes for PRE and POST time intervals.

early PRE (−4.0 s to −3.0 s) versus early POST (0 s to 1.0 s) ( $p=0.001$ ) and when comparing late PRE (−3.0 s to −2.0 s) versus early POST (0 s to 1.0 s) ( $p=0.002$ ). The prominent effects at parietal regions, particularly on the right side of the brain (P4) (Fig. 2), suggest that parietal areas play a particularly important role in the perceptual change associated with limb ownership (and see below for further effects on localization which are consistent with this interpretation).

In sum, the spectral power at central-parietal regions significantly increased after the foot pedal press in all frequency bins. However, the most significant spectral power change is shown in the alpha frequency band at the right parietal lobe which is contralateral to the moving hand.

### 3.2.1. Functional ICA analysis in eLORETA

Differences in spectral power found by electrode-wise comparisons were further investigated using fICA of eLORETA in the attempt to localize the primary sources. We included both alpha and beta frequencies in this analysis as dictated by our hypotheses. Average alpha and beta spectral generator images for each participant were first derived separately for the artifact-free PRE (−4.0 to −3.0 s) and POST (0 to 1.0 s) epochs of both the Mirror and Random press trials. These source localizations were concatenated, and fICA was used to find maximally spatially independent components. The components were Z-transformed, with a value of 3.0 or greater indicating significant activation (Aoki,

et al., 2015), and ordered by the percentage of variance that they accounted for. Five components were extracted, enough to explain 90% of the variance in the images. The loading of each component in each spectral generator image was compared using Statistical Non-Parametric Modelling (SnPM) with a within-subjects  $t$ -test as the statistic of interest. The PRE vs POST difference in component loadings during Mirror trials was compared to the same difference during Random press trials.

The omnibus null hypothesis for the SnPM test was rejected at a low threshold, indicating significant differences in the activity of all components ( $p<0.000001$ ). Based on spatial distribution, frequency range, and  $t$ -test results, we first identified independent components (IC): IC1, IC4 and IC5 as artifacts of eye movements, temporal electromyogram and occipital baseline shifts, respectively. We further identified IC3 as the Random press condition related brain networks in right parietal areas for both alpha and beta frequencies (Fig. 3). Finally, the key Mirror manipulation related brain networks are shown in IC2, which is found at the right parietal areas in the alpha frequency band and at the left middle temporal areas in the beta frequency band (Fig. 4).

## 4. Discussion

We aimed to experimentally capture the perception of ownership of a moving hand, as induced by the well-known mirror reflection illusion. An initial

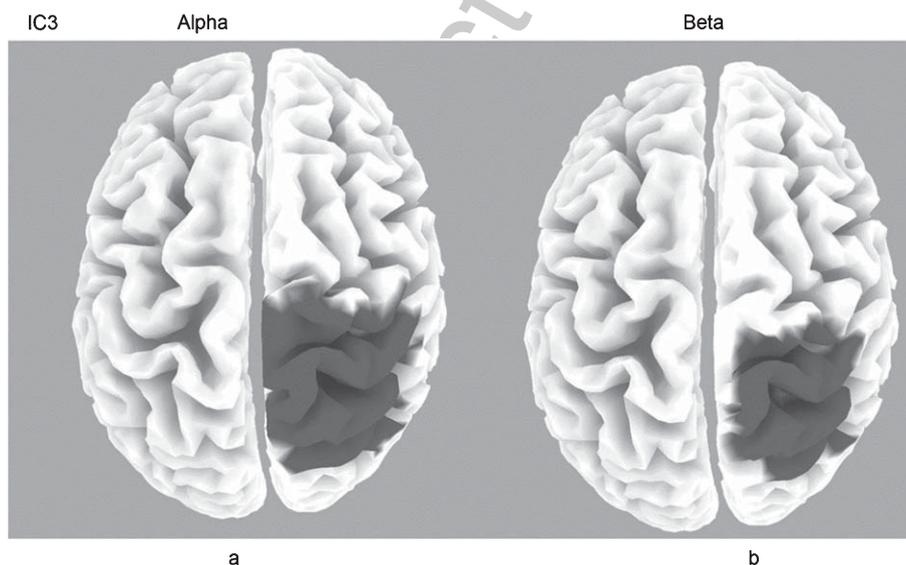


Fig. 3. LORETA-ICA component 3 (IC3) comprises the right parietal regions (with maximum difference at the Postcentral Gyrus: BA7) in both (a) alpha and (b) beta frequency ranges. Correlated activity increases in these areas were associated with the random press condition.

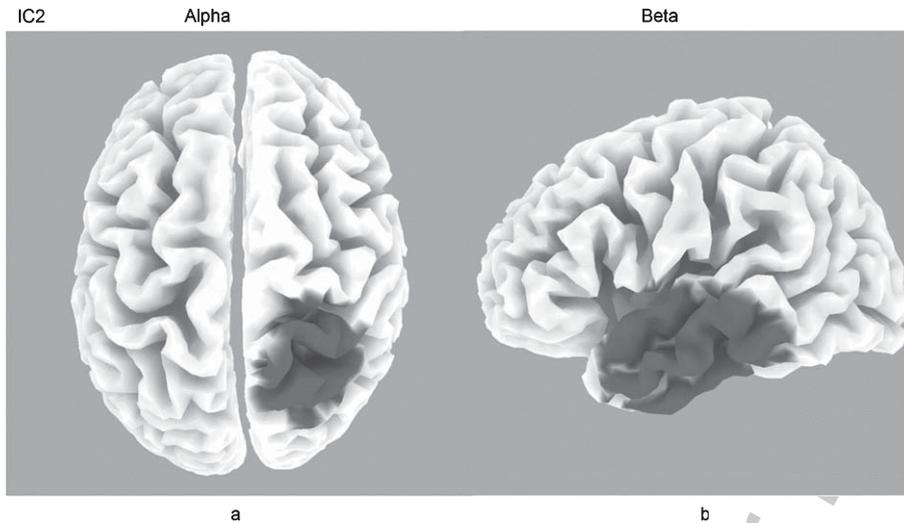


Fig. 4. eLORETA-ICA component 2 (IC2) comprises (a) right parietal activation (maximum difference at BA7) at the alpha frequency range and (b) left middle temporal activation at the beta frequency range (maximum difference at Middle Temporal Gyrus: BA21). Correlated activity increases in these areas were associated with the Mirror condition.

566 finding is that 25% of our participants experienced no  
 567 perceptible change with the MT manipulation. Thus,  
 568 a perceptual effect is not induced in all participants  
 569 which suggests that the mirror intervention might not  
 570 be effective in those who do not experience such per-  
 571 ceptions. Reasons for individual differences are open  
 572 to speculation. The remainder of the reported effects  
 573 pertains to participants who did experience a clear  
 574 perceptual change with the mirror manipulation.

575 Our key findings revealed stronger event-related  
 576 synchronization (ERS) after the pedal press (POST)  
 577 compared with before (PRE) in the right parietal  
 578 region at the alpha frequency range, that which was  
 579 also localized in our ICA analysis: Fig. 4). The  
 580 fact that this lateralized effect was not common to  
 581 central-motor/frontal areas suggests that it was not  
 582 entirely due to actual movement. To further qualify  
 583 this, we note that a separate (independent) compo-  
 584 nent of activity localized to the right parietal lobe  
 585 in both the alpha and beta frequencies is related  
 586 to the foot pedal press (IC3; Fig. 3). This is also  
 587 outside of primary motor areas, and appears to be  
 588 related more to sensorimotor processing in parietal  
 589 sites; notably, the required left hand movements and  
 590 also the foot pedal response are quite well-learned  
 591 tasks, which is consistent with this interpretation.  
 592 Thus, in keeping with a rather conservative approach  
 593 and conclusions, it seems clear that our experimen-  
 594 tal subtractions (Table 1), coupled with effects of  
 595 localization, provide support for the hypothesis that  
 596 the perception of the correlates of ownership can be  
 597 captured temporally using this new procedure; such

598 processing implicates a centro-parietal network with  
 599 sources localized to BA7 in the right parietal lobe  
 600 (in the alpha frequency range) and BA21 in the left  
 601 temporal lobe (in the beta frequency range).

602 Precisely how different portions of the right  
 603 parietal lobe might work together (or perhaps in  
 604 opposition) for actual movement versus perception of  
 605 ownership, remains to be disentangled. Similarly, it is  
 606 not yet known how different bands of activity might  
 607 work together. Notably, in addition to our subtractions  
 608 through experimental methods and our confirmatory  
 609 ICA analyses, we also found consistent evidence with  
 610 our primary findings from the perceptual reports of  
 611 the participants and their answers to questionnaires  
 612 (which were adapted from other studies investigating  
 613 the neural basis of limb/hand ownership: see Intro-  
 614 duction). Our findings of localization in the beta range  
 615 implicate a source in the temporal lobe close to those  
 616 found in a recent fMRI study (superior temporal lobe)  
 617 also using a mirror manipulation (Hamzei, et al.,  
 618 2012). A precise role of the temporal cortex in the  
 619 perception of ownership remains to be elucidated.

620 Our findings also seem consistent with previous  
 621 studies suggesting that alpha band oscillation is cor-  
 622 related with illusory perceptions in both visual and  
 623 auditory modalities (Lenggenhager, Halje, & Blanke,  
 624 2011; Muller, et al., 2013; Shevelev, Kamenkovich, &  
 625 Sharaev, 1996). For example, Lenggenhager et al.  
 626 (2011) using virtual reality technology and a visuo-  
 627 tactile conflict showed body-specific alpha band  
 628 power modulations in bilateral sensorimotor cortices;  
 629 notably however, our effects isolate alpha in pri-  
 629

630 marily the right side of the brain. Indeed, a similar  
631 relationship between illusion of limb movement and  
632 beta rhythm has been shown in central brain areas  
633 (Keinrath, et al., 2006).

634 It is important to point out that the present find-  
635 ings (obtained only in controls) do not lead to any  
636 direct claims in relation to phantom limb pain or  
637 related effects. Demonstrations of cortical remapping  
638 following amputation in non-human animals and in  
639 humans (Birbaumer et al., 1997; Flor et al., 1995;  
640 Lotze, et al., 2001; Maclver, et al., 2008; Merzenich  
641 et al., 1984), do however lead to the intriguing possi-  
642 bility that through manipulations such as the mirror  
643 box, perceptions can change and further influence  
644 brain plasticity. Indeed, functional imaging studies  
645 have demonstrated findings consistent with the claim  
646 that sensorimotor rhythms are generated in brain  
647 regions shown to be involved in phantom limb pain  
648 (Lotze, Flor, Grodd, Larbig, & Birbaumer, 2001).  
649 The amount of perceived phantom limb pain has also  
650 been linked with the ability of a person with chronic  
651 pain to psychologically adjust to the physical environ-  
652 ment (Jensen et al., 2002; Jensen, Turner, Romano, &  
653 Karoly, 1991), which suggests that the extent to which  
654 effects of pain are modifiable differs across people.  
655 Although critical studies remain to be conducted in  
656 order to examine any direct links, the possibility that  
657 malleable perceptual effects might be used as ther-  
658 apeutic avenues toward pain reduction, is ripe for  
659 investigation.

660 This study aimed to isolate perceptions of own-  
661 ership and associated brain activity as an initial  
662 step in the direction outlined above. The present  
663 findings could be further confirmed by replication,  
664 and in particular, by testing participants with strong  
665 reported perceptions of ownership against those who  
666 report none. In the present study, 25% of participants  
667 reported having no subjective perceptions of own-  
668 ership in our Mirror condition (and therefore never  
669 pressed the foot pedal in that condition); but that  
670 sample was too small to analyse. If this proportion  
671 of ‘non-responders’ is representative, then it should  
672 be possible to recruit a control group of sufficient size  
673 to be used in direct comparisons against those who  
674 do respond.

675 A possible attempt at an intervention might be to  
676 teach (or encourage) a person with phantom limb pain  
677 to learn to prolong a positive perception (such as own-  
678 ership, if that brings on a positive feeling/sensation)  
679 with that perception replacing a negative one such  
680 as pain. Another possible avenue for development  
681 involves implementing machine-learning algorithms

682 in the attempt to classify neural activity associated  
683 with the perception of ownership as distinct from  
684 the perception of what might be considered its oppo-  
685 site (perception of dis-ownership or detachment of  
686 a limb). If successful, the development of a brain-  
687 computer-interface (BCI) might follow as a potential  
688 intervention for pain (or other negative perceptions).  
689 These and other cognitive behavioral interventions  
690 rely on utilizing perception as a therapeutic window  
691 for brain change.

692 Possible limitations of the present study are just as  
693 those with any brain imaging study in that we cannot  
694 be absolutely certain that the effects on brain activ-  
695 ity are in fact associated with the perceptual event  
696 of interest. However, as pointed out above, at least  
697 some of our findings converge nicely with previ-  
698 ous studies. We also find it highly unlikely that we  
699 would obtain meaningful and statistically-significant  
700 findings using our conservative methods; specifically,  
701 those involve isolation of specific temporal epochs  
702 and application of subtractive logic on manipulated  
703 control conditions (in this case a double subtraction).  
704 We set ourselves up to fail in that we did not at  
705 all expect to find strong support for our hypothesis.  
706 Finding such support seems somewhat compelling.  
707 We further acknowledge that the utility of subtrac-  
708 tive logic, which originates from the seminal work of  
709 Donders (1868: described in Sternberg, 1969) cannot  
710 be overstated.

711 In sum, the present study provides evidence that  
712 specific changes occur in relevant neural rhythms  
713 with people’s transient perceptions of limb ownership  
714 in response to a mirror box manipulation, provid-  
715 ing a critical start point (and method) toward further  
716 development of this approach. Our findings highlight  
717 involvement at the alpha frequency with a primary  
718 localized source in the right parietal lobe. Although  
719 far less pronounced, we also find beta effects with  
720 a primary source located in the left temporal gyrus.  
721 Thus, it seems feasible to ‘capture’ the perception  
722 of ownership in terms of its underlying neural cor-  
723 relates. This is a first step which provides support  
724 for the idea that perceptions are malleable and can  
725 be manipulated experimentally, and that associated  
726 neural activity can be identified.

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